

GWELD Y GWAHANIAETH SPOT THE DIFFERENCE



Penelin wedi ei rwygo
Elbow shredded

Siaced Kevlar wedi ei difetha,
cleisio trwm
Kevlar lined top ruined,
heavy bruising

Colli croen o gledr y llaw
Palm missing skin

Menig beicio wedi
eu crafu
Riding gloves grazed

Pen-glin wedi ei falu
i'r asgwrn
Knee ground to the bone

Trowsus cyfnerthol wedi
eu crafu,
clwyf ar y ben-glin
Armoured trousers scuffed,
grazed knee

Pigwrn wedi ei dorri, asgwrn
wedi ei falu i ffwrdd
Ankle broken, bone
ground away

Pigwrn wedi ei droi, esgidiau
wedi eu crafu
Ankle twisted, boots scraped

GALL DILLAD O SAFON ACHUB EICH CROEN
QUALITY KIT CAN SAVE YOUR SKIN